

Maharashtra Arogya Mandal's
SUMATIBHAI SHAH AYURVED MAHAVIDYALAYA
Hadapsar, Pune - 411 028.

DEPARTMENT OF SWASTHAVRITTA

LIST OF BOOKS - UG (AYURVED)

Sl. No.	Book No.	Name of Book	Name of Author	Library Book No.
1	1	Sushrut Samhita – I	Ambikadutta Shastri	8402
2	2	Sushrut Samhita – II	Ambikadutta Shastri	8403
3	3	Charak Samhita Chakrapanidutta	Acharya Yadavji Trikamji	10726
4	4	SarthVagbhat	Dr.G.K.Garde	8397
5	5	Charak Samhita – II	Shukla & Tripathi	1126
6	6	Charak Samhita – I	Tripathi	10618
7	7	Charak Samhita – II	Tripathi	10621
8	8	Ashtang Sangraha Sutrasthana	Shashtri Lalchandra	527
9	9	Shree Swasthavritta	Mhaiskar	197
10	10	Swasthavritta	Mhaiskar	1178
11	11	Swasthavritta Vigyan	Prof. R. H. Singh	7637
12	12	Ayurvediya Swasthavritta	Vd. Jalukar	2293
13	13	Positive health through Ayurveda	L.P. Gupta	851
14	14	Aahar hech Aushadha	Choudhari Madhav	8998
15	15	Udar Bharan Nohe	Y. G. Joshi	8962
16	16	Swasthavritta Vigyan	Ranade, Paranjape	1522
17	17	Sachitra Swasthavritta Vigyan	Rai Vijay Kumar	1823
18	18	Swasthavritta Vigyan I & II	Vd. Pathrikar	9843
19	19	Aaharane rog hara	Ramesh Nanal	1102
20	20	Navyuvak – Yuvatiyogya Swasthya	Premdatta Pandey	5782
21	21	Rutu Aahar	Mundargi Jyoti	10396
22	22	Ayurvediya Aaharivmarsha	Karajkhede Ganesh	2077
23	23	Charak Samhita – I	Y. G. Joshi	12896
24	24	Rutucharya	Y. G. Joshi	12619
25	25	Ayurvediya Swasthavritta	Vd. Jalukar	12616
26	26	Sthulata	Dr. Subhash Ranade	12239

LIST OF BOOKS – UG (YOG AND NISARGOPCHAR)

Sl. No.	Book No.	Name of Book	Name of Author	Library Book No.
1	1	Rational Hydrotherapy	GOV	2026
2	2	Bhartiya Manas Shastra	Kolhatkar	1520
3	3	Manushyame Prank ke ayam	Amruta Bharati	9775
4	4	Vaidikvangmay me Prakruti Chikitsa	Swami Anant Bharati	10030
5	5	Vaidikvangmay me Prakruti Chikitsa	Paramhuns Swami	9781
6	6	Yog aur Ayurved	Rajkumar Jain	5124
7	7	Yog va Nisargopchar	Vd. Prama Joshi	3080
8	8	Yogshastra	Dr. R S Ujwale	12273
9	9	Yog Sadhana Va Chikitsa Rahasya	Swami Ramdev	9028
10	10	Complete handbook of Naturopathy	GOV	5799
11	11	Healing from within	Jussawalla	1881
12	12	Prakruti Chikitsa Darshan	Henry Lindlehr	10041
13	13	Nature Cure	H.K. Bakhru	2027
14	14	Yog Dipika	B.K.S. Ayyengar	6158
15	15	Sharir Vidyan & Yogabhyas	Gore Makarand	5688
16	16	Stress Management through Yoga	Shambhunath	6670
17	17	Yog va Nisargopchar	Vd. Prama Joshi	10560
18	18	Naturopathy Diet and recipes	GOV	2025
19	19	Hath Yog Pradipika	Khemraj Krishnnadas	3617
20	20	Yog Siddhant evam Sadhna	Datar Shastri	840
21	21	Pranayam Rahasya	Swami Ramdev	9027
22	22	Panchagavya Chikitsa	Go Arogya Vidyaan, Nagpur	12620
23	23	Yoga Sarvansathi	B.K.S. Ayyengar	12614
24	24	Arogya Yoga	B.K.S. Ayyengar	12615
25	25	Yoga Nisargopchar	Vd. Prama Joshi	5763
26	26	Hathyogapradipika	Khemraj Krishnnadas	3620
27	27	Yoga Nisargopchar	Vd. Prama Joshi	3077
28	28	Yogdipika	B.K.S. Iyengar	660
29	29	Practice of Natural Therapeutics	Henry Lindlahr	13586
30	30	Yoga sadhana evum yoga chikitsa rahasya	Swami Ramdev	9029

LIST OF BOOKS - UG (MODERN)

Sl. No.	Book No.	Name of Book	Name of Author	Library Book No.
1	1	Preventive & Social Medicine	K. Park	10133
2	2	Preventive & Social Medicine	K. Park	7286
3	3	Helping Health Workers	Warner	8073
4	4	Social & Preventive Medicine	Yashpal Bedi	1036
5	5	Social & Preventive Medicine	Yashpal Bedi	1038
6	6	Swasthyavidyan & Sarvajanic	Ghanekar	7634
7	7	Swasthyavidyan & Sarvajanic	Ghanekar	4497
8	8	Nav Jan Swasthya	Varma Mukund	4490
9	9	Nutrition & Health	Wiseman & Gerald	8939
10	10	Samajik Arogya Paricharya	K. Park	8944
11	11	Text Book of Community Medicine	S.K. Mathapati	9407
12	12	Text Book of Health Awareness	Khan Mohan Faisal	9237
13	13	Text Book of Community Medicine	A.P. Kulkarni	6509
14	14	Review in Community Medicine	Shesha Babu	5280
15	15	Sexually Transmitted Disease	Misra R. S.	8061
16	16	Methods of Biostatistics	Mahajan B. K.	10025
17	17	Aaharatun Arogyakade	Vd. Panase	8999
18	18	Steps in Immunization	Dr. Amol Velhal	12611
19	19	Don't lose your mind lose your weight	Rutuja Diwekar	12238

LIST OF BOOKS - PG (AYURVED)

Sl. No.	Book No.	Name of Book	Name of Author	Library Book No.
1	1	Kashyap Samhita	Sharma	1449
2	2	Swasthavritta Samuchaya	Shastri Rajeshwardutt	7632
3	3	Ayurvediya Hitopadesh	Desai Ranjeet	5720
4	4	Bhavprakash	Pandey	5626
5	5	Sharandhar Samhita	Vidyasagar	5603
6	6	Vaiyaktik swasthvritta	Gaud Shiv	4915
7	7	Charak Samhita –I	Shukla & Tripathi	8387
8	9	Charak Samhita – II	Shukla & Tripathi	7655
9	8A	Nighanturatnakar- I		306
10	8B	Nighanturatnakar –I		308
11	10	Ashtang samgraha	Athawale	3061
12	11	Ashtang Hruday	Kunte	2352
13	12	Ayurvediya Swasthavritta	Vd. Jalukar	2289
14	13	Shri Swasthavritta	Mhaskar	205
15	14	Shri Swasthavritta	Mhaskar	194
16	15	Yogratnakar	Shastri, lakshmipati	766
17	16	Bhojan Kutuhal	Suri Raghu	11015
18	17	Swasthavritta	Patil Y R	10559
19	18	Swasthavritta Vigyan I & II	Vd. Pathrikar	10553
20	19	Swasthavritta Vigyan	Prof. R.H. Singh	7638
21	20	Udar bharan Nohe	Joshi Y G	8958
22	21	Aaharane Rog hara	Nanal Ramesh	8879
23	22	Ayurvediya Aaharvimarsha	Karanjakhedkar	8820
24	54	Concept of Aahar	Vd. Ajnalkar Vd. Nikam	12617
25	55	Yoga Shlokavali	Vd. Antapurkar	12613
26	56	Dyana Mala	Brahmakumaris	12621
27	57	Gramgeeta	Gramgeeta Prakashan	12622

LIST OF BOOKS - PG (YOG AND NISARGOPCHAR)

Sl. No.	Book No.	Name of Book	Name of Author	Library Book No.
1.	34	Anatomy & Physiology in Yoga	Gore M M	1086
2.	35	Light on Yoga &Yogdeepika	Iyaenger	5866
3.	36	Sharirvignyan & Yogabhyas	Gore M M	5687
4.	37	Yog aur Ayurved	Jain R	5444
5.	38	Suryanamskar	Date V	967
6.	39	Hathayog Pradeepika	Swatmaram	4721
7.	40	Sadharan rogonki Yog Pra.	Paramhansa	9782
8.	41	How to reverse Heart diseases	Hansaji Yogendra	2023
9.	42	Yoga in Stress & Mental Health	Hansaji Yogendra	2022
10.	43	Arogyasathi Yog	Nimbalkar	7331
11.	44	Bhartiya Manasshastra	Kolhatkar	10954
12.	45	Patanjal Yogshastra	Aadhav P R	10911
13.	46	Yoga avam Nisargopchar	Joshi Prama	10563
14.	47	Ayurved Siddhant Rahasya	Acharya Balkrishnna	11911
15.	48	Yoga for back & joint disorders	Hansaji Yogendra	2024
16.	49	Prakrutik Chikitsa Darshan Vyavhar	Lindlahr	9778
17.	50	Yoga of the Millennium	Oak Anuradha	9239
18.	51	Gherand Samhita	Gautam Chamanlal	4048
19.	58	The Yoga for Caring	HansajiYogendra	12618

LIST OF BOOKS – PG (MODERN)

Sl. No.	Book No.	Name of Book	Name of Author	Library Book No.
1	23	Swasthya and Sarvajanic Arogya	Ghanekar B	7635
2	24	Human Nutrition	Maxine	2574
3	25	Nava Jan Swasthya	Varma M	2336
4	26	Immunization in Practice	Mittal	1675
5	27	Preventive & Social Medicine	K. Park	10131
6	28	Nutritive value of Indian food	NIN	9687
7	29	Textbook of community	Mathapati	9406
8	30	Samajik Arogya	K. Park	8945
9	31	Handbook food & Nutrition	Dr. Swaminathan	8940
10	32	Nutrition Science	B. Shrilaxmi	8938
11	33	Clinical dietetics & Nutrition	F P Anita	9995
12	52	National Health Programs of India	J. Kishor	2118
13	53	Preventive & Social Medicine (22 nd Ed)	K. Park	2119
14	59	Pharmacology & Pharmacotherapeutics	Dr. Satoskar	12612

TOTAL NO. OF BOOKS: UG = 75 PG = 60 TOTAL = 135

DISSERTATIONS

1. Effects of Dadhi and Takra in healthy individuals.
- By Vd. Vanarase S.V., Guide –Vd. Bhagwat B.K., HOD & Professor, Swasthavritta Department, Tilak Ayurved College, Pune.
2. Studies on prevention of suicidal deaths and drug abuses.
- By Vd. Ujwale R.S., Guide –Dr. Singh I.P. Reader and Incharge, Swasthavritta Department, Faculty of Ayurved, IMS, BHU, Varanasi.
3. Study of the effect of Tila Tail Padabhyanga in Eye Strain.
- By Vd. Joshi N.R. Dept of Swasthavritta Tilak Ayurved College, Pune, Guide – Vd. Vanarase S.V., HOD & Reader, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
4. Assessment of role of Pathya Aahar and Shitali Pranayam in Urdhwag Amlapitta -
By Vd. Gangawane R.S., Dept. of Swasthavritta
Guide - Vd. Firke A.R., Reader, Department of Swasthavritta, PDEA's, College of Ayurved & Research Center, Akurdi, Pune.
5. Epidemiological Survey of Prevalence Rate of Sandhigat Vat in some villages of Pune district.
By -Vd. Hajarnavis M.S. Dept. of Swasthavritta Tilak Ayurved College, Pune, Guide – Vd. Vanarase S.V., HOD & Reader, Dept. of Swasthavritta, S.S.A.M., Hadapsar, Pune.
6. A Critical Study on Effects of Yogic Postures & Pranayam during Antenatal Period & its Outcome in Labour.
By - Dr. Bagade T. S., Guide - Dr. Mamatha K.V. (Asso. Prof Dept. of Prasuti Tantra & Stree Roga) Co-Guide - Dr. Mohammed Rafik (Dept. of Swasthavritta)
S.D.M. College of Ayurved, Kuthpady, Udupi
7. To study the effect of Satat Jagaran (sleepless night) on health.
By Dr. Kulkarni R. N., Guide- Professor Dr. Keskar B. S.
8. A comparative study of ArishtaDhoopan Yoga and formalin for fumigation on specific micro-organisms.
- By Vd. Gund Shravani.M. Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune, Guide–Vd. Vanarase S.V., HOD & Professor, Dept. of Swasthavritta, S.S.A.M., Hadapsar, Pune.
9. Laboratory comparative analytical study of water stored in copper, steel and earthen vessels w.s.r. to optimum essential period.
- By Vd. Dhote Nitin.D. Dept of Swasthavritta S.S.A.M., Hadapsar, Pune, Guide –Vd. Vanarase S.V., HOD & Professor, Dept. of Swasthavritta, S.S.A.M., Hadapsar, Pune.

10. Cross-sectional Observational study on diet and lifestyle as an etiological factor associated with Urdhvag Amlapitta in information technology professionals.
- By Vd. Pradhan Ashish.A., Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide –Vd. Vanarase S.V., HOD & Professor, Dept. of Swasthavritta, S.S.A.M., Hadapsar, Pune.
11. Cross-sectional Observational study on diet and lifestyle associated with normal BMI individuals in information technology professionals.
- By Vd. Tale Sachinkumar.V. Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Ujwale R.S., Reader, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
12. Comparative study of the efficacy of *Laksha Churna* with *Madhu Pratisarana* and chlorhexidine on *Dantasharkara*.
- By Dr. Baniya Bhagyashree, Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide –Vd. Vanarase S.V., HOD & Professor, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
13. Study of the role of *VrukshaamlaFalatwak (Garcinia indica)* as Pathya in management of *Arsha Vyadhi* vis-à-vis Haemorrhoids.
- by Dr. Bhujle Shruti, Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide –Vd. Vanarase S.V., HOD & Professor, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
14. An observational Study of mothers with low birth weight babies with special reference to *Garbhini Paicharya*.
By - Dr. Pawar Anjali, Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide –Vd. Vanarase S.V., HOD & Prof, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
15. Comparative study of the efficacy of lauhapatrashrutadugdha and milk boiled in steel vessel on Hb percentage.
By - Dr. Dukale Sachin. Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Ujwale R.S., Reader, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
16. Study the efficacy of Raktachandanadi Lepa Upakrama in mukhakanti w.s.r. to fairness.
17. Single arm Clinical study on effectiveness of selected Yogasanas in Manyashoola (Neck Pain) and Katishoola (Low Back Pain) in Corporate Employees.
By - Dr. Sadhana Kumar. Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Ujwale R.S., Professor & Head, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.

18. An Assessment of Aharaj and Viharajhetus of Urdhvag Amlapitta in College students: A Survey Study.
By - Dr. Prajakta Joshi, Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Ujwale R.S., Professor & Head, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
19. An observational study on significance of selected Bakery Products as risk factors in Annavaha Srotas Dushti Lakshanas.
By - Dr. Pradnya Chattar. Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Joshi N. R., Reader, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
20. Literary study of Agni to formulate parameters for assessment of Agnibala.
By – Dr. Dr. Jamdar Mansi Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Ujwale R.S., Professor & Head, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
21. A Literary study on Importance of Charakokta Nitya sevaniya dravya in Ayurveda.
By – Vd. Akshay khandve, Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Ujwale R.S., Professor & Head, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
22. A laboratory comparative Analytical study of water stored in silver, earthen and aluminum vessel.
By – Vd. Surajkumar Bangar, Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Ujwale R.S., Professor & Head, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
23. An observational study on effect of ratrijagaran in vidagdhajirna .
By – Vd. Poonam Kale, Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Joshi N. R., Reader, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
24. The clinical study of Efficacy of Prayogic Dhoompana to prevent Tandra in healthy individuals
By- Vd. Vijay Deme, Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Gangavane R.S. Assistant Professor, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
25. A Cross sectional study of Rathakshobjanya vyadhi with special reference to Autorikshaw drivers. By. Vd. Saiprasad Rathod, Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,

Guide – Vd. Joshi N. R., Reader, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.

26. A Survey study in School going children to find awareness of Oral hygiene w.r.f. Dincharyokta Vidhi
By. Vd. Shruti Y. Badhe Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Joshi N. R., Reader, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.
27. A Survey study to calculate prevalence of Vishaad (Depression) in young adults.
By. Vd. Pradnya K. Vibhute Dept. of Swasthavritta S.S.A.M., Hadapsar, Pune,
Guide – Vd. Ujwale R.S., Professor & Head, Department of Swasthavritta, S.S.A.M., Hadapsar, Pune.

Total – 27

LIST OF SLIDES, STAMPS, CDs

Sl. No.	Name	Total No
23.	Leprosy slides	69
24.	Pranayam, Yogasana CD	05
25.	AYUSH CD	01
26.	Satyanveshanam & MET CD	02
27.	Swasthyam 2018 CDs	05
28.	Yogasana, Mudra & Kriya stamps (OPD)	25

STAMPS IN YOGASANA KAKSHA OPD (SGAK)

No.	Name	Number
1.	AakarnDhanurasana	1
2	Ardhamatsyendrasana	1
3	BaddhaKonasana	1
4	Bhujangasana	1
5	Dhanurasana	1
6	Halasana	1
7	Jalandhar Bandha	1
8	Makarasana	1
9	Matsyasana	1
10	Mayurasana	1
11	Nauli	2
12	Naukasana	1
13	Pawanmuktasana	1
14	Paschimottanasana	2
15	Padmasana	1
16	Sarvangasana	1
17	Shirshasana	1
18	Shalabhasana	1
19	Simhasana	1
20	Vajrasana	1
21	Vrikshasana	1
22	Yogamudrasana	1
23	Gomukhasana	1
	Total	25

LIST OF CHARTS - (UG) DEPARTMENT

Sr.No.	Name of Chart	No.
1.	Swastha lakshana	1
2.	Arogya lakshana	1
3.	Dhatusamyata	1
4.	WHO Definition of health	1
5.	Dincharya with Upakramas	14
6.	Rutuva Kalganana	1
7.	Ritu Charya	6
8.	Aahar Varga classification of food (Ayurvedic view)	3
9.	Various Yogasana	9
10.	Yog Mudra	1
11.	Suryanamaskar with pictures	1
12.	Viruddha Aahar	3
13.	Pathya Apathya Aahar Kalpana according to Vyadhi	47
14.	Food Adulterants chart	1
15.	Display of Adulterants	3
16.	Floral Suryanamskara	1
TOTAL CHARTS		94

LIST OF CHARTS - (UG) MUSEUM

Sr.No.	Name of Chart	No.
1	Yog Vyutpatti & Paribhasha	1
2	Ashtanga Yoga (Classification and Division)	1
3	Pranayam & Types	1
4	Shadkarmas	1
5	Prakritikchikitsa & Principles & Treatment methods	1
6	Prakritikchikitsa - Utilization of Panchamahabhutas	1
7	Types of massage	1
8	Upavasa (As per Naturopathy)	1
9	Colours & their specific effects on body	1
10	Shadchakras	1
11	Food constituents -Proximate Principles of food	1
12	Food constituents -Proximate Principles of food	1
13	Balanced diet & Vitamins	1
14	Deficiency diseases	1
15	Major communicable Disease	6
16	Air pollutants - Sources, Diseases & Prevention	1
17	Vayushuddhiprakara & Air ventilation	2
18	Water borne diseases	1
19	Sanitary well	1
20	Household purification of water	1
21	Water carriage system	1
22	Occupational Health Hazards	2
23	Sankramik Rog Paribhasha (Epidemiological definitions)	1
24	Classification of Disinfection (Visankraman)	1
25	Disinfective Agents	1
26	Janpadodhwansa	1
27	AupsargicRogas (According to Modern Science)	1
28	Modes of Disease transmission	1
29	Immunity	2
30	WHO EPI & National Immunization Schedule	1
31	Cold chain maintenance for vaccines in Refrigerators	1
32	National Immunization Schedule	1

33	STD and causative agents	1
34	AIDS - Symptoms & Prevention	5
35	Important health days	2
36	Om chart	1
37	Suryanamaskar with pictures	1
38	Colourful Yogasana	7
39	Yog Mudra	1
40	National Health Programmes in India	1
41	Primary Health Care Definition, Elements	2
42	WHO - structure and functions	1
43	WHO - Slogans year wise	3
44	Health care system in India (As per modern Books)	1
45	Various methods of family planning	2
46	Ayurvedic contraceptives	1
47	Demographic statistics (recent)	1
48	Census	1
49	Garbhini Aahar and Vihar	1
50	Horrock's Apparatus set	2
51	Effects of Alcohol in the body	1
52	Risk factor - Smoking	1
53	Clean Body	1
54	Water resources / clean water	2
55	Entomology	6
56	Benefits of Breast feeding	2
57	Yogasana Sketches	43
TOTAL NO. OF CHARTS		131

LIST OF CHARTS - (PG)

Sr.No.	Name of Chart	No.
1.	Swasthalakshana	1
2.	Arogyalakshana	1
3.	Dhatusamyata	1
4.	WHO Definition of health	1
5.	Ritu & Kalaganana	1
6.	Aahar varga. classification of food (Ayurvedic view)	5
7.	Viruddha Aahar	3
8.	Food Adulterants chart	3
9.	Garbhini Aahar Vihar	1
10.	RDA for Indian Infants	1
11.	RDA for Indian Children	2
12.	RDA for Indian Adult	1
13.	RDA for Indian Pregnant & lactating Mothers	1
14.	Hitkar & Ahitkar Dravya	1
15.	Vegvichar	1
16.	Adharniya vega	1
17.	Rutu Kalaganana	1
18.	Rutucharya	6
19.	Ayurvedic Contraception	1
20.	Types of Contraceptives	2
21.	Elements of PHC	1
22.	Functions of PHC	1
23.	Health Care Systems in India	1
24.	Immunity	1
25.	Active & Passive Immunity	1
26.	National Immunization Schedule	1
27.	WHO EPI Schedule	1
28.	National Health Programs in India	1
29.	WHO	1
30.	Important Health Days	2
31.	Census	1
32.	Disinfection	1
33.	Disinfective Agents	1
34.	RNTCP	1
35.	Suryanamaskar	1
36.	Yog Mudra, Padmasana & Matsyasana	1
37.	Sarvangasana & Halasana	1

38.	Bhujangasana, Shalabhasana, Dhanurasana & Mayurasana	1
39.	Pavanmuktasana & Chakrasana	1
40.	Vajrasana, Ushtrasana & Suptavajrasana	1
41.	Paschimottanasana & Ardhamatsenchrasana	1
42.	Bandha & Pranayam	1
43.	Shankha Prakshalana	1
44.	Shadkarmas Shuddhikriya	1
45.	Yog Vyakhya	1
46.	Ashtanga Yoga	3
47.	Pranayam	1
48.	Shadkarmas	1
49.	Prakrutik Chikitsa	1
50.	Panchbhautik Chikitsa	1
51.	Upavasa (As per Naturopathy)	1
52.	Rang Chikitsa	1
53.	Mardan Prakar	1
54.	Aupsargic Rogas (According to Modern Science)	1
55.	Communicable Diseases	2
56.	Modes of Disease transmission	3
57.	Nicotine Dependence	1
58.	Drug (Addictives)	1
59.	Occupational Health Hazards	2
60.	Air Ventilation	1
61.	Air Pollutants	1
62.	Sanitary Well	1
63.	Water borne diseases	1
64.	Household purification of water	1
65.	Water carriage system	1
66.	Hepatitis	1
67.	Swine Flu	1
68.	Malaria	1
69.	Sickle Cell Disease	1
TOTAL NO. OF CHARTS		91

LIST OF CHARTS – YOGASAN KAKSHA

Sr. No.	Name of Chart	No.
1	Halasana	2
2	Padmasana	2
3	Vajrasana	2
4	Gomukhasana	2
5	Shavasana	2
6	Shirshasana	2
7	Sarvangasana	2
8	Makarasana	2
9	Mayurasana	2
10	Dhanurasana	2
11	Bhujangasana	2
12	Chakrasana	2
13	Ardhamasendrasana	2
14	Vrikshasana	2
15	Katichakrasana	1
16	Ushtrasana	2
17	Paschimottanasana	2
18	Garudasana	2
19	Vakrasana	2
20	Simhasana	2
21	Suryanamskar	1
22	Colorful Yogasana pictures	6
23	Yama	1
24	Niyama	1
25	Vyadhinusar Yogasane	1
26	Asanasambandhi Niyam	1
Total Charts		50

Total No. Of Charts UG - Department – 94 Museum – 131 = **Total 225**

Total No. Of Charts PG - Department – 91 Yogasan Kaksha – 50 =**Total 141**

Total Charts = 365

LIST OF MODELS - (UG)

Sr. No	Name
1.	Incineration Beehive
2.	Soakage pit
3.	Bore hole latrine
4.	Septic Tank - Cross Section
5.	House Drainage System
6.	Sanitary well
7.	Rapid sand filter
8.	Slow sand filter
9.	Life cycle of <i>Ascaris lumbricoides</i>
10.	Life cycle of <i>Entamoeba histolytica</i>
11.	Life cycle of <i>Ancylostoma duodenale</i>
12.	Spread of cholera
13.	Life cycle <i>Plasmodium vivax</i>
14.	Breeding places of flies
15.	Scurvy Disease
16.	Mumps Disease
17.	Dental Caries
18.	Osteomalacia
19.	Measles Disease
20.	Ricket Disease
21.	Sanitary House
22.	Yogmudras - 12
23.	Fruit and vegetable set - Mango, Apple, Musk melon, Pear, Watermelon, Gauva, Banana, Pomegranate , Sugarcane, Cucumber, Brinjal, Ridge Guard.
24.	Dinacharya Upakramas - 18

LIST OF MODELS - (PG)

Sr. No.	Name
1.	Insanitary well
2.	Water Closet - Indian
3.	Water Closet - Western
4.	Fruit and vegetable set - Orange, Custard Apple, Papaya, Tomato, Bell pepper.

Models UG 24 + PG 4 = 28

LIST OF SPECIMEN - (UG)

1.	Foods Specimen						
Sr no	Name	Sr no	Name	Sr no	Name	Sr no	Name
1.	Gahu	20	Mug	39	Madhu	58	Hing
2.	Gavhache Peeth	21	Mugdaal	40	Gud	59	Mire
3.	Maida	22	Vatana	41	Sharkara	60	Dhane
4.	Rava	23	Tur	42	Pohe	61	Amasul
5.	Shevaya	24	Turdaal	43	Palandu	62	Chinch
6.	Shali	25	Nachani	44	Lasoon	63	Mohari
7.	Tandul	26	Bajari	45	Sunth	64	Badishep
8.	Salichyalahya	27	Chavali	46	Jayphal	65	Samudra Lavan
9.	Churmure	28	Udid	47	Lavang	66	Saindhav
10.	Harbhara	29	Udid Dal	47	Ela	67	Papadkhar
11.	Harbharadaal	30	Masoor	49	Methi	68	Padelon
12.	Kulitha	31	Masoor Dal	50	Haridra	69	Til
13.	Soyabeen	32	Mataki	51	Jeere	70	Javas
14.	Soyabeenvadi	33	Khajur	52	Shahajeere	71	Shengdane
15.	Yav	34	Kaju	53	Dalchini	72	Shengadana Tail
16.	Varaiche Tandul	35	Charoli	54	Mirchi	73	Erand Tail
17.	Rajgira	36	Narikel	55	Mirchi powder	74	Kardai Tail
18.	Jwari	37	Badam	56	Tamalpatra	75	Kukkutanda
19.	Jwarichyalahya	38	Manuka	57	Ajvayan	76	Ghrit
						77	Jal

Total Food Specimen - 77

OTHER SPECIMEN

2.	Dhoom Varti				
3.	Anutail				
4.	Anjan Dravya	1) Rasanjan	2) Kajal		
5.	Tambul Dravya	1) Kapoor	2) Jayphal	3) Lavang	4) Kankol
		5) Chuna	6) Supari	7) Pan	8) Kath
6.	Udvartan Dravya	1) Lodhra	2) Musta	3) Nimbpatra	4) Chandan
		5) Til Kalka	6) Besan	7) Arishtak	
7.	Abhyang Dravya	1) Til Tail			
8.	Disinfective Agents	1) Savlon	2) Dettol	3) Phenyl	4) Chuna
		5) Spirit	6) Bleaching Powder	7) Haridra	
9.	Jalshuddhikaran Dravya	1) Nirmali	2) Sphatik	3) Gomeda	4) Mukta
		5) Shaival Mool	6) Vastra		
10.	Chemicals for Water Purification (Modern)	1) Alum	2) Bleaching Powder	3) KMn O ₄	
11.	Different Vaccines	1) BCG	2) OPV	3) Measles	4) DPT
		5) T.T.	6) Typhoid	7) Rabies	8) Influenza
		9) Hepatitis			
12.	Different Contraceptives	1) Nirodha	2) Cu-T 200	3) Multiload - 250	4) Copper - T, - 380 - A,(2)
		5) Vaginal Pessary Today,		6) Contraceptive pills- Mala N	
13.	Ayurvedic Drugs for Contraception	1) Pippali	2) Vidanga	3) Jaswand	4) Dhatturbeej
		5) Tankan			
14.	Herbal dental Gel	Nimba			
15.	RNTCP	MDT Kit			

Total Other Specimen = 58

LIST OF SPECIMEN - (PG)

1.	Foods Specimen						
Sr. No.	Name	Sr. No.	Name	Sr. No.	Name	Sr. No.	Name
1	Godhum	13	Kalay	25	Shaileya	37	Vrukshaamla
2	Yav	14	Masur	26	Sarshap	38	Manuka
3	Shali	15	Masurdaal	27	Methika	39	Vaatam
4	Rakta Shali	16	Kulattha	28	Badishep	40	Kaajutak
5	Yavnal	17	Matki	29	Kankol	41	Atasi
6	Bajari	18	Shevaya	30	Ela	42	Mandapi
7	Nachani	19	Laja	31	Tamalpatra	43	Til
8	Mudga	20	Pruthuka	32	Lavang	44	Saindhav
9	Masha	21	Katuvira	33	Marich	45	Bidlavan
10	Aadhaki	22	Haridra	34	Hingu	46	Gud
11	Chanak	23	Jiraka	35	Dhanyak		
12	Chanak Dal	24	Chakriphul	36	Ajmoda		

Total Food Specimen - 46

OTHER SPECIMEN

2.	Dhoom Varti				
3.	Anutail				
4.	Anjan Dravya	1) Tupanjan			
5.	Herbal Dental Gel	Nimba			
6.	Abhyang Dravya	1) Til Tail			
7.	Madhu				
8.	Vegetable & Fruit Set	Mango, Apple, Watermelon			
9.	Tambul Dravya	1) Kapoor	2) Jayphal	3) Lavang	4) Kankol
		5) Chuna	6) Supari	7) Pan	8) Kath
10.	Udvartan Dravya	1) Lodhra	2) Musta	3) Nimbpatra	4) Chandan
		5) Til Kalka	6) Besan	7) Arishtak	
11.	Disinfective agents	1) Savlon	2) Dettol	3) Phenyl	4) Chuna
		5) Spirit	6) Handwash	7) Sanitizer	8) Iodine
12.	Vayushuddhikaran Dravya	1) Kushtha	2) Vidanga	3) Musta	4) Haridra
		5) Guggulu	6) Tagar	7) Haritaki	
13.	Jalshuddhikaran Dravya	1) Nirmali	2) Shaival Mool	3) Vastra	
14.	Chemicals for Water Purification (Modern)	1) Alum	2) KMn O ₄	3) Bleaching Powder	
15.	Different Vaccines	1) BCG	2) OPV	3) Measles	4) DPT
		5) T.T.	6) Typhoid	7) Rabies	8) Hep B
16.	Different Contraceptives	1) Nirodha	2) Cu-T	Contraceptive pills	
17.	Ayurvedic Drugs for contraception	1) Pippali	2) Dhatturbeej	3) Jaswand	4) Vidanga
		5) Tankan			
18.	Mosquito Repellents	1) Odomos 2) Coil 3) Liquid			
19.	Dantapawan	Nimba			
20	RNTCP Kit				

Total Other Specimen = 64

Total Specimen UG = 135

Total Specimen PG = 110

Total Specimen = 245

LIST OF EQUIPMENT/ INSTRUMENT- (UG SWASTHVRITTA MUSEUM)

Sr. No.	Name	Quantity
1.	Autoclave	1
2.	DhoomYantra (Chilim)	2
3.	Nasyayantra	1
4.	Lactometer	1
5.	Jalneti Pot	2
6.	Neti Sutra	1
7.	DhoutiVastra	1
8.	Mud Packs	1
9.	Enema Pot	1
10.	Hip Bath Tub	1
11.	Spinal Bath Tub	1
12.	Foot Bath Tub	1
13.	Eyepack	2
Total		16

LIST OF EQUIPMENT/ INSTRUMENT- (PG)

Sr.No.	Name	Quantity
1.	Dhoom Yantra (Hukka)	1
2.	Dhoom Yantra (Chilim)	2
3.	Anjana Shalaka (Silver)	1
4.	Anjana Shalaka (Copper)	1
5.	Nasyayantra (Dropper)	2
6.	Jalneti Pot	1
7.	Neti Sutra	2
8.	Eyepack	2
9.	Enema Pot	1
10.	Enema Catheter	1
11.	Neck Pack	1
12.	Knee Pack	1
13.	Hip Bath Tub	1
14.	Dhouti Vastra	1
15.	Mud Pack	1
Total		19

LIST OF KITCHEN EQUIPMENTS - PG

Sr. No.	Name of kitchen equipment	Quantity
1.	Butterfly Induction Stove (Cooker)	1
2.	Utensil (Wok) with Handle	2
3.	Big Utensil (Wok)	1
4.	Fry Pan	1
5.	Kadhai	1
6.	Sieve with Handle	1
7.	Steel Skimmer (Zaara)	1
8.	Steel Turner / Spatula (Ulatana)	1
9.	Steel Bowls	6
10.	Steel Dishes	4
11.	Steel Spoons	6
12.	Steel Grater / Slicer	1
13.	Knife	1
14.	Steel Ladle (Daav)	1
15.	Steel Glass	2
16.	Thermos Flask	1
17.	Plastic Spice Box	2
18.	Plastic Oil Container	1
19.	Plastic Soup Set (Dishes – 6, Bowls – 6, Spoons - 6)	18
20.	Salt - Pepper Container	2
21.	Plastic Storage Container (1/2kg each)	6
Total		60